JAN. 1, 2009 CHANGE IN ELIGIBILITY FOR SPECIALTY SERVICES FOR CHILDREN WITH ASD

FREQUENTLY ASKED QUESTIONS

1. Will children currently receiving specialty services who do not yet have a confirmed diagnosis be able to continue in specialty services?

Yes – children enrolled in Specialty Services before Jan. 1, 2009 will come under the rules in existence when they enrolled: must have a provisional diagnosis from a primary care provider, must have a positive screen on the M-CHAT, and must have been referred for a comprehensive evaluation. The diagnosis must be confirmed by an experienced clinician within six months from the date of the provisional diagnosis for the child to remain eligible for Specialty Services.

2. Will children who are in the intake process with a Specialty Service provider before January 1, 2009 be eligible for services if they have not yet had a comprehensive evaluation?

Yes – as long as children are referred to a Specialty Service provider before Jan. 1, 2009 they will be eligible for specialty services under the rules that went into effect in Jan. 2008: they must have a provisional diagnosis from a primary care provider, must have a positive screen on the M-CHAT, and must be referred for a comprehensive evaluation. The diagnosis must be confirmed by an experienced clinician within six months from the date of the provisional diagnosis for the child to remain eligible for Specialty Services.

3. Is there anything an El Specialist can do to help a family get an appointment for a comprehensive evaluation?

Yes – send the evaluator or diagnostic center any information you have that indicates the child is at risk for being on the autism spectrum. This could include M-CHAT results, brief notes highlighting their concerns about the child and/or relevant family history (e.g., a sibling with autism, a sibling with significant language processing problem, a parent with Asperger's). Some diagnosticians consider this information when prioritizing appointment slots.

4. Why is the M-CHAT no longer considered sufficient for entry into Specialty Services?

Recent research indicates the M-CHAT casts a wide net. It identifies children with a variety of developmental concerns but may not be as specific to identifying those with ASD as once thought. The M-CHAT follow-up questionnaire is helpful in reducing the false-positive rate, but it is not likely to be used by many primary care practitioners.

5. Is there a list of diagnosticians?

A list of clinicians known to specialize in evaluating children at risk for ASD is available from Tracy Osbahr (tracy.osbahr@state.ma.us). It is not all-inclusive and does not endorse any clinicians included on the list, but is based upon clinicians seen frequently in evaluations on file in Specialty Service Programs.